Alcohol at Jane

Some residential Colleges are dry: Jane is not. At Jane, we allow residents who are over 18 to drink alcohol. As a rule of thumb our guiding principle for alcohol consumption is providing you don't damage yourself, others, property or reputation in any shape or form, then you can have a drink.

The reason for our approach is because, in a society that allows adults to consume alcohol, we believe it is important for our students to learn how to drink responsibly. This means, amongst other things:

- knowing your limits
- saying no
- being able to enjoy yourself without drinking alcohol
- never forcing anyone to drink alcohol, either by subtle coercion or by overt pressure
- allowing those who don't drink to not drink - and respecting their decision
- understanding the consequences of drinking too much
- understanding that many people are confronted by a culture of too much alcohol
- understanding that excessive alcohol consumption can bring out aggression, damage relationships, cause people to do things they would not otherwise so, and sometimes commit dangerous - or sadly even criminal – acts.
- accepting that drinking alcohol can negatively affect long-term health.

Many students at Jane choose not to drink either because they don't like the taste, they can't afford it, they're on medication, they don't like what it does to people or it is not part of their family or cultural habits. That is totally OK.

While we have no hesitation in strictly disciplining anyone who abuses the College's stance on alcohol consumption, we hope we never need to. Part of being in our community is respecting all: we hope that the same level of trust we give in not being a dry college is reciprocated in the behaviour and actions of our students.

Help is at hand

We also know some people may need some support to manage their alcohol habits. That is OK, too.
You are encouraged to approach a Senior Resident, a member of the Student Club Committee or the Dean of Students if you think some extra help may be needed.